



270-901-3370

<http://bowlinggreen.takeoutwaiter.com>

# Subway

## ALL SANDWICHES

### "CALI FRESH" Turkey

*Oven roasted turkey, hickory smoked bacon, smashed avocado, BelGioioso fresh mozzarella and fresh veggies of your choice*

6" Sub	\$6.99
Footlong	\$10.99
FL Pro (double protein)	\$13.49

### "CALI FRESH" Steak

*Steak, hickory smoked bacon, smashed avocado, BelGioioso fresh mozzarella and fresh veggies of your choice.*

6"	\$7.29
Footlong	\$11.99
FL Pro (double protein)	\$14.99

### All-American Club

*Oven roasted turkey, Black Forest ham and hickory smoked bacon, Try it with American cheese, lettuce, tomatoes and red onions.*

6"	\$5.99
Footlong	\$9.99
FL Pro (double protein)	\$12.99

### B.L.T.

*Bacon - Lettuce - Tomato*

6"	\$5.99
Footlong	\$8.99
FL Pro (double protein)	\$10.99

### Black Forest Ham

*Black forest ham, Try it with lettuce, baby spinach, cucumbers, green peppers and red onions.*

6"	\$5.99
Footlong	\$9.99
FL Pro (double protein)	\$10.99

### Buffalo Chicken

*Buffalo Chicken, Frank's Red Hot sauce, topped with zesty ranch. Try it with lettuce, tomatoes and cucumbers*

6"	\$6.49
Footlong	\$10.99
FL Pro (double protein)	\$12.99

### Chicken and Bacon Ranch

*Chicken breast strips, bacon strips, Monterey cheddar cheese, ranch.*

6" Sub	\$7.99
Footlong	\$10.99

### Cold Cut Combo

*sliced bologna, ham and salami (all turkey based)*

6" Sub	\$5.99
Footlong	\$8.99
FL Pro (double protein)	\$10.99

### Italian B.M.T.

*The Italian B.M.T. sandwich is filled with Genoa salami, spicy pepperoni, and Black Forest Ham.*

6" Sub	\$6.49
Footlong	\$9.99
FL Pro (double protein)	\$12.99

Meatball Marinara

*The Meatball Marinara sandwich is drenched in irresistible marinara sauce, sprinkled with Parmesan cheese, topped with whatever you want.*

6" Sub	\$5.99
Footlong	\$8.99
FL Pro (double protein)	\$10.99

Rotisserie Style Chicken

*Rotisserie Style Chicken with your choice of crisp veggies.*

6"	\$6.99
Footlong	\$10.99
FL Pro (double protein)	\$12.99

Oven Roasted Turkey

*Oven roasted turkey full of flavor and made to order with your choice of crisp veggies.*

6"	\$6.99
Footlong	\$8.99
FL Pro (double protein)	\$12.99

Oven Roasted Turkey & Ham

*Oven roasted turkey and Black Forest Ham with your favorite veggies, from juicy tomatoes to sweet red onions.*

6"	\$6.99
Footlong	\$8.99
FL Pro (double protein)	\$12.99

Pizza Sub

*spicy pepperoni, piled high and layered with melt-a-licious cheese and our signature marinara sauce. Try it on freshly baked Artisan Italian bread today.*

6"	\$5.99
Footlong	\$8.99
FL Pro (double protein)	\$10.99

Spicy Italian

*Spicy Italian sandwich is a combo of pepperoni and Genoa salami. Pile on your favorite cheese, crunchy veggies, and sauce.*

6" Sub	\$5.99
Footlong	\$7.99
FL Pro (double protein)	\$10.99

Steak & Cheese

*steak topped with melty cheesiness. Get crazy with veggies and sauces to make it what you want.*

6"	\$6.99
Footlong	\$9.99
FL Pro (double protein)	\$12.99

Sweet Onion Chicken Teriyaki

*Sweet Onion Chicken Teriyaki topped with fat-free sweet onion sauce.*

6"	\$6.99
Footlong	\$9.99
FL Pro (double protein)	\$12.99

Tuna

*100% wild caught tuna blended with creamy mayo then topped with your choice of crisp, fresh veggies.*

6" Sub	\$5.99
Footlong	\$8.99
FL Pro (double protein)	\$12.99

Veggie Delite

*The Veggie Delite is crispy, crunchy, vegetarian perfection. With lettuce, baby spinach, tomatoes, cucumbers, green*

*peppers and red onions.*

6" Sub \$5.99  
Footlong \$7.99

Veggie Patty

*vegan patties with lettuce, tomatoes, cucumbers, green peppers and red onions*

6" Sub \$5.99  
Footlong \$8.99  
FL Pro (double protein) \$11.99

**Fresh Melts**

Ham & Cheese Melt

*The Ham & Cheese Melt combines Black Forest ham, fresh tomato and cheese and grills them all up to create an indulgent choice that's freshly made, too.*

6" \$5.59  
Footlong \$8.99

Steak & Cheese Melt

*Grilled, melty and cheesy The Steak & Cheese Melt is just that, freshly made with onions and peppers and perfectly grilled to cover all your cravings*

6" \$6.99  
Footlong \$10.89

Tuna Melt

*100% wild-caught tuna with mayo. Fresh onion. Melty Cheese*

6" \$6.99  
Footlong \$9.99

Buffalo Chicken Melt

*Packed with grilled chicken, plus just the right amount of Frank's RedHot Buffalo sauce, a little ranch to beat the heat and all the veggies you can fit in there.*

6" \$6.99  
Footlong \$10.99

Chicken & Bacon Ranch Melt

*The Chicken & Bacon Ranch Melt brings together the savory flavors and melty cheese.*

6" \$6.99  
Footlong \$10.99

Italian B.M.T. Melt

*Three craveable meats, melty cheese and fresh veggies.*

6" \$6.99  
Footlong \$10.99

Meatball Marinara Melt

*Add some melty goodness to your Meatball Marinara sub. Make it a Fresh Melt and get craveable meatballs and tangy marinara sauce topped with American and parmesan, all grilled to cheesy perfection.*

6" \$5.99  
Footlong \$8.99

Oven Roasted Turkey Melt

*The Oven Roasted Turkey Melt, cheese and veggies of your choice*

6" \$6.99  
Footlong \$9.99

Spicy Italian Melt

*Spicy Italian Melt combines the mouth-watering flavor of pepperoni, salami and cheese grilled to melty perfection with your choice of veggies.*

6" \$5.99  
Footlong \$8.99

## **PROEIN BOWLS**

### **"CALI FRESH" Turkey Bowl \$10.49**

*loaded with oven roasted turkey, hickory smoked bacon, smashed avocado, BelGioioso Fresh Mozzarella, mayo, baby spinach, tomatoes and red onions.*

### **"CALI FRESH" Steak Bowl \$11.49**

*Delicious steak and hickory smoked bacon provide the protein in our Cali Steak Protein Bowl, while smashed avocado and BelGioioso fresh mozzarella give it that west coast vibe. Add your favorite fresh veggies and enjoy.*

### **All-American Club Bowl \$9.99**

*Everything you want in the classic All-American Club sandwich, all in a bowl. Oven roasted turkey, Black Forest ham and hickory smoked bacon pack the protein. With lettuce, baby spinach, tomatoes, cucumber, green peppers, black olives, red onions, and Monterey cheddar cheese.*

### **B.L.T. Bowl \$7.99**

*The classic B.L.T., in a bowl. It's that simple. But of course, you can add your favorite veggies, too.*

### **Black Forest Ham Bowl \$7.99**

*A Footlong's worth of protein? Yup! When you make it a Protein Bowl you'll get all of the Black Forest ham you'd get on your favorite Footlong, piled high atop fresh lettuce, tomato, cucumber and more veggies.*

### **Buffalo Chicken Protein Bowl \$9.99**

*Packed with grilled chicken, plus just the right amount of Frank's RedHot Buffalo sauce, a little ranch to beat the heat and all the veggies you can fit in there. Frank's RedHot is a registered trademark of McCormick & Co. and used under license by Subway Franchisee Advertising Fund Trust Ltd. / Subway IP LLC 2021.*

### **Chicken & Bacon Ranch Bowl \$9.99**

*Fuel your day with every last bite of chicken and bacon you'd get in your go-to Footlong, now in a bowl. Add veggies and ranch to the mix and it all adds up to a power packed Chicken & Bacon Ranch Protein Bowl.*

### **Cold Cut Combo Bowl \$7.49**

*Can't pick just one protein for your Protein Bowl? Try three. The Cold Cut Combo features heaping portions of ham, salami and bologna (all turkey based) plus lettuce, tomato, cucumbers and more.*

### **Italian B.M.T. Bowl \$9.19**

*Big. Meaty. Tasty. And we mean meaty. You'll get all the salami, pepperoni and ham you'd find on a Footlong Italian B.M.T. on top of shredded lettuce, tomatoes, cucumbers and more. Yeah, that works.*

### **Meatball Marinara Bowl \$7.89**

*When it comes to the Meatball Marinara Protein Bowl, we won't skimp on the protein. You'll get spinach, peppers and other veggies plus all eight meatballs.*

### **Oven Roasted Turkey Bowl \$8.49**

*Get all the flavor you'd find in an Oven Roasted Turkey Footlong, without sacrificing an ounce of protein. The Oven Roasted Turkey Protein Bowl is loaded with your choice of veggies and topped with all the thin-sliced turkey you'd get in your favorite Footlong.*

**Oven Roasted Chicken Bowl \$8.49**

*Oven Roasted Chicken is no exception. Loaded with veggies and topped with all the savory chicken you d get on a Footlong this one s a power meal.*

**Oven Roasted Turkey & Ham Bowl \$8.49**

*Our thin-sliced, oven roasted turkey and Black Forest ham make an unbeatable duo, especially sitting on top of all your favorite veggies.*

**Pizza Sub Bowl \$7.89**

*We made pizza into a sub, then made that into a bowl. Why not? Packed with pepperoni, Monterey cheddar cheese and topped with marinara sauce. Feel free to add all the fresh veggies you (and the bowl) can handle.*

**Spicy Italian Bowl \$7.89**

*How do you turn your go-to Spicy Italian into a powerful Protein Bowl? You take all of the pepperoni and Genoa salami (seriously, every last slice!) you d find on a Footlong and add it to a bowl with your pick of veggies.*

**Steak & Cheese Bowl \$9.99**

*Packed with protein and stacked with veggies, the Steak & Cheese Protein Bowl is everything you love about your favorite Footlong literally, it has the same amount of juicy steak plus peppers, onions and more.*

**Sweet Onion Chicken Teriyaki Bowl \$9.99**

*Pile up the protein with a Sweet Onion Chicken Teriyaki Protein Bowl. And we really mean pile. It s an entire Footlong s worth of teriyaki-glazed chicken plus veggies drizzled with sweet onion sauce.*

**Tuna Bowl \$8.99**

*How much tuna? A Footlong s worth of tuna, that s how much. Enjoy your go-to protein, 100% wild caught tuna, mixed with mayo on top of a bed of fresh lettuce with your choice of veggies. That s a tuna Protein Bowl.*

**Turkey Italiano Bowl \$9.99**

*Oven Roasted Turkey, with an Italian kick. We add in pepperoni and Genoa Salami, plus Monterey cheddar cheese. You add in your favorite veggies and fixings. Mangia.*

**Veggie Patty Bowl \$8.29**

*When you re in the mood for a satisfying veggie meal, our Veggie Patty bowl with all the delicious vegetables you want is just the thing.*

**WRAPS**

**"CALI FRESH" Turkey Wrap \$8.99**

*West coast, east coast, it doesn t matter to us. We make a Cali Turkey Wrap for anyone, loaded with oven roasted turkey, hickory smoked bacon, smashed avocado, BelGioioso Fresh Mozzarella, mayo, tomatoes, red onions and baby spinach. Served in a spinach wrap.*

**"CALI FRESH" Steak Wrap \$8.99**

*The Cali Steak Wrap is made fresh in any time zone, with delicious steak, hickory smoked bacon, smashed avocado, BelGioioso fresh mozzarella and fresh veggies of your choice. Served in a spinach wrap.*

**All-American Club Wrap \$8.99**

*The All-American Club wrap is a delicious combo of oven roasted turkey, Black Forest ham and hickory smoked bacon. We top it off with*

American cheese, lettuce, tomatoes and red onions, served up in a delicious spinach wrap.

**B.L.T. Wrap \$8.99**

This classic on a Tomato Basil wrap, is filled with a double portion of our crispy hickory smoked bacon and finished off with lettuce, juicy tomatoes, and mayo.

**Black Forest Ham Wrap \$8.99**

The Black Forest Ham Wrap is packed with a double portion of ham packed into a tomato basil wrap with lettuce, spinach, tomatoes, cucumbers, green peppers and red onions.

**Buffalo Chicken Wrap \$9.99**

grilled chicken, just the right amount of Frank's RedHot Buffalo sauce. Then we cut the heat with crisp lettuce, tomatoes and cucumbers, and wrap it all up in a Tomato Basil Wrap.

**Chicken & Bacon Ranch Wrap \$9.99**

The Chicken & Bacon Ranch Wrap is a tomato basil wrap with a double portion of tender, all-white meat chicken with seasoning and marinade, bacon, and topped with Monterey cheddar cheese.

**Cold Cut Combo Wrap \$8.99**

Get three at once on a delicious tomato basil wrap. Stacked with a double portion of turkey-based meats including ham, salami, and bologna. Enjoy it with lettuce, tomatoes, cucumbers, green peppers, and red onions.

**Italian B.M.T. Wrap \$8.99**

The Italian B.M.T. wrap tastes great on a tomato basil wrap. It's filled with a double portion of Genoa salami, spicy pepperoni, and Black Forest ham topped with lettuce, tomatoes, cucumbers, green peppers, and red onions.

**Meatball Marinara Wrap \$8.99**

Our Meatball Marinara wrap is a double portion of Italian-style meatballs in irresistible marinara sauce, with Parmesan cheese, in a tomato basil wrap.

**Oven Roasted Chicken Wrap \$8.99**

The Oven Roasted Chicken wrap is a fan favorite featuring a double portion of the oven roasted chicken you love, on a delicious spinach wrap. Top it with lettuce, tomatoes, cucumbers, spinach, crisp green peppers, and red onions.

**Oven Roasted Turkey Wrap \$8.99**

Oven Roasted Turkey Wrap is a go-to. It's a footlong portion of our premium, thin-sliced, oven roasted turkey, with fresh veggies like lettuce, tomatoes, baby spinach, cucumbers, green peppers and red onions, all served up in a spinach wrap.

**Oven Roasted Turkey & Ham Wrap \$8.99**

Spinach wrap filled with a footlong portion of our tender, thin-sliced oven roasted turkey and tasty Black Forest ham. Top it with lettuce, spinach, tomatoes, cucumbers, green peppers and red onions.

**Pizza Sub Wrap \$8.99**

spicy pepperoni, piled high and layered with melt-a-licious cheese and our signature marinara sauce. Topped with green peppers and red onions in a tomato basil wrap.

**Spicy Italian Wrap \$8.99**

It's a double portion of spicy pepperoni and Genoa salami on a tomato basil wrap. Topped with

lettuce, tomatoes, cucumbers, green peppers and red onions

**Steak & Cheese Wrap \$9.99**

Steak & Cheese wrap is a double portion of shaved steak, wrapped up with melty American cheese in a tomato basil wrap.

**Sweet Onion Chicken Teriyaki Wrap \$8.99**

The Sweet Onion Chicken Teriyaki Wrap is a footlong portion of teriyaki grilled chicken, topped with our fat-free sweet onion sauce. Wrap it up in a Tomato Basil Wrap with lettuce, spinach, tomatoes, cucumbers, green peppers and red onions.

**Tuna Wrap \$8.99**

100% wild caught tuna mixed with mayo in a tomato basil wrap

**Veggie Delite Wrap \$8.99**

The Veggie Delite wrap has a double portion of the fresh veggies you love. All wrapped in a flavorful spinach wrap with lettuce, tomatoes, spinach, green peppers, cucumbers, and red onions.

**Veggie Patty Wrap \$8.99**

Spinach wrap filled with not one, but two flavor packed Veggie Patties, lettuce, spinach, tomatoes, cucumbers, green peppers, and red onions.

## **SALADS**

**"CALI FRESH" Turkey Salad \$8.99**

West coast, east coast, it doesn't matter to us. We make a Cali Turkey Salad for anyone, loaded with oven roasted turkey, hickory smoked bacon, BelGioioso Fresh Mozzarella, smashed avocado, lettuce, baby spinach, tomatoes, green peppers, red onions and black olives.

**"CALI FRESH" Steak Salad \$9.99**

The Cali Steak Salad is made fresh in any time zone, packed with delicious steak, hickory smoked bacon, BelGioioso fresh mozzarella, smashed avocado, and loaded with lettuce, baby spinach, tomatoes, cucumbers, green peppers, red onions and black olives.

**All-American Club Salad \$8.59**

Our classic All-American Club is now a classic salad, too. Oven roasted turkey, Black Forest ham, hickory smoked bacon are the leaders of this club. Then we add American cheese and crisp lettuce, baby spinach, tomatoes, cucumbers, green peppers, red onions and black olives.

**B.L.T. Salad \$7.49**

Savory hickory smoked bacon. Crisp lettuce. Ripe tomatoes. All mixed with Spinach, crunchy cucumbers, sweet green peppers, black olives, and zesty red onions.

**Black Forest Ham Salad \$7.49**

The Black Forest Ham salad is a flavorful way to enjoy a Subway favorite. Sliced ham, lettuce, and a pile of your favorite veggies - all tossed with your choice of dressing.

**Buffalo Chicken Salad \$8.99**

Grilled chicken topped with Frank's RedHot Buffalo sauce, with lettuce, spinach, tomatoes, cucumbers, green peppers, black olives and red onions. A drizzle of ranch dressing cools the spice. Very nice. Frank's RedHot is a registered trademark of McCormick & Co. and used under license by Subway Franchisee Advertising Fund Trust Ltd. / Subway IP LLC 2021.

**Chicken & Bacon Ranch Salad \$9.99**

*The Chicken & Bacon Ranch salad has tender all-white meat chicken with seasoning and marinade, topped with Monterey cheddar cheese, and bacon. All on top of crunchy greens and your choice of dressing.*

**Cold Cut Combo Salad \$7.99**

*The Cold Cut Combo salad has ham, salami, and bologna (all turkey-based) tossed together with crisp lettuce and your favorite veggies. Mix it up with whatever dressing you love best.*

**Italian B.M.T. Salad \$7.99**

*The Italian B.M.T. salad is the salad version of our popular sub. Crisp greens topped with Genoa salami, spicy pepperoni, and Black Forest ham. Meaty deliciousness, all in a salad.*

**Meatball Marinara Salad \$7.49**

*The Meatball Marinara salad is the ultimate cravings crusher. Hot Italian-style meatballs in marinara sauce and a sprinkle of Parmesan cheese, all sitting on top of your favorite greens and veggies.*

**Rotisserie-Style Chicken \$7.99**

*Juicy Rotisserie style Chicken salad has warm, savory chicken tossed together with crisp greens and any veggies you want. Your favorite sandwich, just in salad form.*

**Oven Roasted Turkey Salad \$7.99**

*The Oven Roasted Turkey Salad is a go-to salad choice. Our premium, thin-sliced oven roasted turkey, tossed together with lettuce, crunchy veggies and whatever dressing does it for you.*

**Oven Roasted Turkey & Ham Salad \$7.99**

*Thin-sliced oven roasted turkey and Black Forest ham with crisp lettuce, tender spinach and many more of your favorite veggies.*

**Pizza Sub Salad \$7.49**

*Spicy pepperoni, American cheese and mouthwatering marinara sauce over crisp lettuce, spinach, ripe tomatoes, cucumbers, green peppers, black olives and red onions.*

**Spicy Italian Salad \$7.49**

*Our Spicy Italian salad is a combo of pepperoni and Genoa salami. Basically, the ideal Italian sub, but transformed into a salad.*

**Steak & Cheese Salad \$8.49**

*The Steak & Cheese salad starts with crisp greens, but gets to the next level with warm, delicious steak topped with cheese.*

**Sweet Onion Chicken Teriyaki Salad \$8.49**

*Chicken Teriyaki flavors on a salad. Tender teriyaki-glazed chicken strips topped with fat-free sweet onion sauce over crisp greens and a generous pile of veggies.*

**Tuna Salad \$7.99**

*Our Tuna salad is simply delish. 100% wild caught tuna mixed with mayo, riding high on top of a bed of crisp lettuce and veggies.*

**Veggie Delite Salad \$7.29**

*The Veggie Delite salad is simply delish. A pile of your favorite veggies, finished with the dressing of your choice.*

**Veggie Patty Salad \$7.29**

*A delicious veggie patty mixed with lettuce, spinach, ripe tomatoes, cucumbers, green peppers, zesty red onions and black olives.*



## **FRESH FIT FOR KIDS**

***A Fit Mini Sub (4") with a Fit Side,  
Milk and a Toy***

KIDS Turkey Breast	\$5.99
KIDS Ham	\$5.99
KIDS Veggie	\$5.99

### **SIDES**

Chips	\$1.89
Cookies	\$1.25
<i>Choice of Chocolate chip, Oatmeal Raisin, and White Macademia Nut</i>	
Musselman s Apple Sauce	\$1.50

### **DRINKS**

Dasani Water (20oz)	\$2.75
Nestea Iced Tea W/ Lemon Sweetened (10.2oz)	\$2.75
Diet Nestea Iced Tea w/ Lemon (10.2oz)	\$2.75
Minute Maid 100% Juice Fruit Punch (6.75 oz carton)	\$1.99
Coke (20oz)	\$2.75
Diet Coke (20oz)	\$2.75
Barq's Root Beer (20oz)	\$2.75
Sprite (20oz)	\$2.75