



270-901-3370

<http://bowlinggreen.takeoutwaiter.com>

Catering Tropical Smootie Cafe

MINIMUM ORDER \$50

20+ people requires 12 hour advanced ordering.

BREAKFAST

All-American Wrap \$2.49

*person 430 calories per person
Eggs with ham, bacon, cheddar, and mozzarella. Consider adding smoothies; otherwise, you're all set.
Sorry, we don't offer coffee.*

Southwest Wrap \$2.69

Price per person. 580 calories per person. Eggs with grilled chicken, pepper jack, tomatoes, spinach, and chipotle mayonnaise. Consider adding smoothies; otherwise, you're all set. Sorry, we don't offer coffee.

Peanut Butter Banana Crunch \$3.99

Wrap

Price per person. 590 calories per person Peanut butter with banana, honey, and granola on a toasted flatbread. Consider adding smoothies; otherwise, you're all set. Sorry, we don't offer coffee.

BOXED LUNCHES

Deluxe Box Lunch - *Popular \$8.49

810 - 1,280 calories per box Each box includes your choices of sandwich or wrap & side with a cookie. Add drinks, and you're all set.

Classic Box Lunch \$7.49

520 - 950 calories per box Each box includes your choices of sandwich or wrap & side. Add drinks and perhaps dessert, and you're all set.

SANDWICHES & WRAPS

Classic Tray - *Popular \$7.49

Price per person, minimum 10 people 520 - 950 calories per person. Your choice of sandwiches and/or wraps. Served with your choice of side. Add drinks and perhaps dessert, and you're all set.

Party Tray \$6.49

Price per person, minimum 10 people 460 - 740 calories per person Your choice of sandwiches and/or wraps. Add a side and/or salad, drinks, and perhaps dessert, and you're all set.

SALADS

Thai Chicken Salad \$29.99

(\$3.75 / person), serves 8. 1,850 calories per tray Romaine with chicken, wontons, sesame seeds, carrots, cilantro, scallions, and Thai peanut dressing. As an entree salad, add drinks and perhaps dessert, and you're all set. As a side salad, you can usually order for half your headcount.

SuperGreen Caesar Chicken \$29.99

Salad

(\$3.75 / person), serves 8. 2,660 calories per tray Romaine, spinach & kale with chicken, shredded Parmesan, tomatoes, Parmesan crisps, and Caesar dressing. As an entree salad, add drinks and perhaps dessert, and you're all set. As a side salad, you can usually order for half your headcount.

Chicken Apple Spinach Salad \$29.99

(\$3.75 / person), serves 8. 2,960 calories per tray Spinach with chicken, bacon, green apple, carrots, smoked cheese blend, and honey-Dijon dressing. As an entree salad, add drinks and perhaps dessert, and you're all set. As a side salad, you can usually order for half your headcount.

SIDES

Kale & Apple Slaw (serves 8) \$10.99

Fruit (8) \$10.99

Chips (8) \$10.99

SMOOTHIES

Classic Smoothies -12 oz. \$2.99

340 - 710 calories per person Your choice of smoothies.

Superfood Smoothies - 12 oz. \$2.99

180 - 880 calories per person Your choice of smoothies.

DESSERTS

Assorted Cookies \$0.99

person 290 - 330 calories per item

BEVERAGES

Bottled Water \$1.49

Coke - 16 oz Bottle \$1.49

Diet Coke - 16 oz Bottle \$1.49