



270-901-3370

<http://bowlinggreen.takeoutwaiter.com>

Ichiban Japanese Cave Mill

DRINKS

Japanese Hot Tea	\$1.95
Unsweet Tea	\$1.95
Sweet Tea	\$1.95
Pink Lemonade	\$1.95
Mellow Yellow	\$1.95
Dr.Pepper	\$1.95
Diet Coke	\$1.95
Sprite	\$1.95
Coke	\$1.95

APPETIZERS

Gyoza	\$3.99
<i>Dumplings filled with pork & vegetables fried to crispy perfection, served with sweet & sour sauce.</i>	
Shumai	\$3.99
<i>Shrimp filled dumplings fried to crispy perfection, served with sweet & sour sauce.</i>	
Egg Roll (1)	\$1.75
<i>Our homemade egg roll is filled with chicken & vegetables, served with sweet & sour sauce.</i>	
Agedashi Tofu	\$4.50
<i>Silken, firm tofu, cut into cubes & deep fried until golden brown. Served with ponzu sauce.</i>	
Miso Soup	\$2.75
<i>Simple & savory tofu soup is made with Japanese seaweed, miso paste, thinly sliced mushrooms, chive & soft tofu.</i>	
Edamame	\$3.99
<i>Soybean steamed and gently salted</i>	
Clear Soup	\$1.95
<i>Our chicken-broth clear soup is served hot with thinly sliced mushrooms & chives.</i>	
Salad	\$3.25
<i>A fresh bed of chopped iceberg lettuce, topped with shredded carrots & purple cabbage. Served with our house ginger dressing.</i>	
Quinoa Crusted Shrimp	\$6.95
<i>Served with mango habanero dipping sauce</i>	

COMBINATIONS

All combinations come with sweet carrots, zucchini, onions & rice.

Chicken & Shrimp Combination	\$9.95
<i>Chicken & shrimp grilled with mushrooms, potatoes & broccoli. (teriyaki or hibachi)</i>	
Chicken & Beef Combination	\$9.95
<i>Chicken & cubes of beef grilled with mushrooms and potatoes. (teriyaki or hibachi)</i>	
Chicken & Chicken Combination	\$9.75
<i>Double serving of chicken grilled with mushrooms and potatoes. (teriyaki or hibachi)</i>	
Chicken & Scallops	\$12.95

Combination

Chicken & scallops grilled with mushrooms and potatoes.(teriyaki or hibachi)

Pork Chop & Shrimp \$10.45

Combination

Pork chop & shrimp with mushrooms, potatoes & broccoli grilled in hibachi sauce.

Beef & Shrimp Combination \$10.45

Shrimp & cubes of beef grilled with mushrooms, potatoes & broccoli.(teriyaki or hibachi)

Beef & Beef Combination \$10.45

Double serving cubes of beef grilled with mushrooms and potatoes.(teriyaki or hibachi)

Beef, Shrimp & Chicken \$12.75

Combination

Combination of all meats grilled with mushrooms, potatoes & shrimp in hibachi sauce

SEAFOOD

All seafood entrees come with zucchini, onions, broccoli, sweet carrots & rice.

Teriyaki Seafood Combo \$11.45

Shrimps, scallops crab meat & mixed vegetables grilled in teriyaki sauce.

Seafood Delight \$13.45

Salmon, scallops & shrimps glazed with teriyaki sauce.

Salt Water Lobster Tail \$18.95

Grilled salt water lobster tail tossed in hibachi sauce.

8oz. Ribeye & Jumbo Shrimp \$16.75

Tender ribeye non-cut grilled to your preference with jumbo shrimps, served with mushrooms in hibachi sauce.

Salmon & Shrimp \$12.25

Perfectly grilled salmon, served with shrimp & veggies.

Salmon Teriyaki or Hibachi \$12.25

Grilled salmon glazed in teriyaki or hibachi sauce, served with fresh vegetables.

Hibachi Jumbo Shrimps \$12.25

10 Succulent pieces of jumbo shrimp grilled in butter & soy sauce.

Beef & Scallops \$12.75

Cubes of beef grilled to your preference with scallops.

Shrimp & Scallops \$12.75

Savory shrimp & scallops tossed in hibachi sauce.

Tuna & Scallops \$14.70

Tuna steak & seared scallops tossed in hibachi sauce.

Tuna & Shrimp \$12.95

Tuna steak shrimps tossed in hibachi sauce.

Tuna & Ribeye 8oz. \$17.45

Tuna steak & tender ribeye cooked to your preference, served with mushrooms in hibachi sauce.

ENTREES

All entrees come with sweet carrots, zucchini, onions & rice, excluding

Chicken Salad

Chicken (teriyaki or hibachi) \$7.25

Chicken, mushrooms & potatoes.

Shrimp (teriyaki or hibachi) \$8.95

Shrimp, broccoli & potatoes.

Beef (teriyaki or hibachi) \$7.95

Cubes of beef grilled with mushrooms and potatoes.

Chicken Sesame \$8.50

Sweet chicken grilled with zucchini, onions, potatoes, pineapples & sesame seeds grilled in peanut & teriyaki sauce.

Spicy Chicken \$7.65

Chicken grilled with mushrooms and potatoes in teriyaki & sriracha sauce for a fiery taste.

Yakiniku \$8.45

Cubes of beef grilled with mushrooms and potatoes in teriyaki & sriracha sauce for a fiery taste.

Vegetable Special \$6.95

An assortment of mixed vegetable including zucchini, broccoli, onions, string carrots, mushrooms & cabbage grilled in teriyaki sauce.

10oz. Ribeye Steak \$15.95

A 10oz. non-cut rib-eye steak cooked to your preference with mushroom, potatoes, zucchini & onions grilled with peanut & teriyaki sauce.

Flounder \$8.50

Two flounder filets grilled till brown with broccoli and potatoes in peanut & teriyaki sauce.

Chicken Salad \$7.35

A bed of fresh iceberg lettuce, topped with shredded carrots & purple cabbage along with chicken teriyaki and our house ginger dressing. Served without rice & vegetables.

NOODLES

Udon Soup \$9.75

Thick, white rice noodles served in hot broth with mixed vegetables & seafood garnished with chives

Yakisoba Noodles

Japanese thin, soft noodles(yakisoba) are cooked with stir-fried vegetables with your choice of meat.

Vegetable Yakisoba \$9.25

Chicken Yakisoba \$10.45

Steak Yakisoba \$11.99

Seafood Yakisoba \$13.49

Seafood consists of jumbo shrimps, crabmeat & scallops

Lo Mein Noodles

Lo mein is a combination of stir-fried vegetables with your choice of meat

Vegetable Lo Mein \$7.75

Chicken Lo Mein \$8.25

Beef Lo Mein \$8.45

Shrimp Lo Mein \$8.45

FRIED RICE

Plain Fried Rice \$4.95

Shrimp Fried Rice \$7.25

Beef Fried Rice \$7.45

Chicken Fried Rice \$6.45

TEMPURA

Shrimp Tempura \$7.95

Chicken Tempura \$7.25

Vegetable Tempura \$7.99

Tempura Combo \$8.99

Tempura combo comes with 3 chicken strips, 3 shrimp & 4 onions rings, battered and deep fried till golden.

EXTRA PORTIONS

Extra Ginger Sauce \$0.75

Extra Spicy Ponzu \$1.00

Extra White Sauce \$0.75

Extra Sweet & Sour Sauce \$0.75

Chicken	\$4.99
Beef	\$5.25
Shrimp	\$5.15
Spicy Chicken	\$5.15
Pork Chop	\$5.95
Jumbo Shrimp	\$5.99
Tuna	\$6.99
Salmon	\$6.25
Scallops	\$6.95
Carrots	\$3.99
Broccoli or Onions	\$4.95
Zucchini & Onions	\$4.95
Mushrooms	\$3.99
Mixed Vegetables	\$4.95
Fried Rice	\$2.55
Steamed Rice	\$2.55

SUSHI MENU

APPETIZERS

Soft Shell Crab Tempura	\$8.95
Seaweed Salad	\$6.45
Spicy Squid Salad	\$6.75
Squid Salad	\$6.45
Sunomono	\$6.50
Tuna Tataki	\$8.95
Oshinko	\$4.75
Sushi Appetizer	\$9.45
Sashimi Appetizer	\$8.95

NIGIRI

Nigiri is a slice of raw fish pressed onto a mound of vinegared rice, with a little wasabi in between. Two piece per order.

Akagai Nigiri	\$5.95
<i>Red Clam.</i>	
Ameibi Nigiri	\$6.99
<i>Sweet raw shrimp.</i>	
Ebi Nigiri	\$4.75
<i>Shrimp.</i>	
Hamachi Nigiri	\$4.99
<i>Yellow tail.</i>	
Ika Nigiri	\$3.95
<i>Squid.</i>	
Ikura Nigiri	\$5.49
<i>Salmon egg.</i>	
Kaibashia Nigiri	\$5.99
<i>Scallop.</i>	
Kanikama Nigiri	\$4.75
<i>Crab fish cake.</i>	
Maguro Nigiri	\$4.95
<i>Tuna.</i>	
Masago Nigiri	\$4.39
<i>Smelt egg</i>	
Saba Nigiri	\$4.75
<i>Mackerel.</i>	
Smoked Salmon Nigiri	\$4.95
Super White Tuna Nigiri	\$4.95
Sake Nigiri	\$4.70
<i>Salmo.</i>	
Tai Nigiri	\$4.75
<i>Red snapper.</i>	
Tako Nigiri	\$4.49
<i>Octopus.</i>	
Tamago Nigiri	\$4.25
<i>Egg.</i>	
Tobiki Nigiri	\$5.25
<i>Flying fish roe.</i>	
Unagi Nigiri	\$5.95
<i>Fresh water eel.</i>	
Uzura Nigiri	\$4.75
<i>Quail egg.</i>	

HAND ROLLS

Hand rolls are cone-shaped sushi filled of dried seaweed filled with rice, vegetables and fish

Tuna Hand Roll	\$4.95
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Yellow Tail Hand Roll	\$4.99
Salmon Hand Roll	\$4.55
Salmon Skin Hand Roll	\$3.99
Scallop Hand Roll	\$5.50
California Hand Roll	\$3.99
Eel Hand Roll	\$5.95
Spicy Tuna Hand Roll	\$5.45

POPULAR ROLLS

Bowling Green Roll	\$11.45
<i>Inside : Lobster tempura, avocado, cucumber. Outside : Spicy crab meat, special sauce.</i>	
Moonlight Roll	\$8.95
<i>Inside : Spicy crab meat, cream cheese Outside : Eel sauce</i>	
Lobster Roll	\$10.75
<i>Inside : Lobster tempura, masago, avocado and cucumber. Outside : special sauce.</i>	
Crunchy Shrimp Roll	\$7.95
<i>Inside : Shrimp tempura, avocado, cream cheese, crab meat Outside : crunchy flakes, eel sauce</i>	
Futo Maki Roll	\$7.65
<i>Inside : Crab meat, tomato, cucumber, masago, avocado, kampyo, shiitake mushroom, small burdock.</i>	
Special Roll	\$9.25
<i>Inside : Shrimp tempura, avocado. Outside : Spicy crab meat, special sauce.</i>	
Las Vegas Roll	\$9.45
<i>Inside : Eel, salmon, crab meat, avocado, cream cheese.</i>	
Fire Roll	\$11.49
<i>Inside : Spicy crab meat, tempura flakes. Outside : your choice of scallops, tuna or salmon, special sauce.</i>	
Calamari Roll	\$7.45
<i>Inside : Calamari tempura, avocado, masago, cream cheese. Outside : Special sauce.</i>	

SUSHI DINNERS

All sushi dinners come with salad and served with spicy ponzu

Ichiban Sushi Combo	\$17.45
<i>This combo comes with a tuna roll and 8 pieces of nigiri of the sushi chef's choice.</i>	
Chirashi	\$17.45
<i>A bowl of sushi rice with an assortment of sashimi, topped with Japanese pickles.</i>	
Sushi & Sashimi Combo	\$19.95
<i>This combo comes with 9 pieces of sashimi and 6 pieces of nigiri.</i>	
Unagi Donburi	\$24.99
<i>A bowl of sushi rice topped with a layer of water eel.</i>	
Sashimi Combo A	\$18.50
<i>This combo comes with 15 pieces of sashimi of the sushi chef's choice.</i>	
Sashimi Combo B	\$22.99
<i>This combo comes with 21 pieces of sashimi of the sushi chef's choice.</i>	
Sushi Super Deluxe For 2	\$29.50
<i>This combo comes with a tuna roll, a california roll and 14 pieces of nigiri.</i>	
Boat For Two	\$52.95
<i>This combo includes 9 pieces of sashimi, 14 pieces of nigiri & one special roll. Spicy squid salad.</i>	

KIDS MEAL

Fried rice served with vegetables & your choice of meat.

Kid's Chicken Bowl	\$5.25
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Kid's Chicken Lo Mein	\$5.75
Kid's Beef Bowl	\$5.65
Kid's Beef Bowl Lo Mein	\$5.95
Kid's Shrimp Bowl	\$5.75
Kid's Shrimp Bowl Lo Mein	\$5.95
<u>VEGETABLE TEMPURA ROLL</u>	
Vegetable Tempura Roll	\$6.25
Avocado Roll	\$4.25
Cucumber Roll	\$2.99
Vegetable Roll	\$6.25

MAKI

Maki is layers of raw or cooked fish or shellfish, vegetables and vinegared rice on a sheet of dried seaweed rolled into a cylinder then cut into pieces. Usually comes with 6 to 8 pieces.

California Roll	\$4.25
Crab Roll	\$5.95
Dragon Roll	\$11.45
Eel Roll (avocado or cucumber)	\$7.45
Fancy Roll	\$10.85
Fire Dragon Roll	\$11.45
Fried Shrimp Roll	\$7.25
Halibut Delight	\$6.99
Houston Roll	\$10.45
Ichiban Special Roll	\$10.45
Japanese Bagel	\$6.45
Kanisu Roll	\$7.95
Mango Roll	\$10.45
Mexican Roll	\$6.25
Orange Blossom	\$10.45
Philadelphia Roll	\$6.95
Rainbow Roll	\$8.99
Red Snapper Roll	\$4.95
Salmon Roll	\$4.95
Salmon Skin Roll	\$4.90
San Francisco Roll	\$10.25
Shrimp & Cucumber Roll	\$6.45
Smoked Salmon Roll	\$6.45
Spicy Tuna Roll	\$5.95
Spider Roll	\$8.49
Sweetheart Roll	\$11.25
Tuna Roll	\$5.45
Volcano Roll	\$10.70
Yellow Tail Scallion Roll	\$5.45
YumYum Roll	\$8.25

DESSERT

Mochi Ice Cream

Mochi ice cream is a sweet, small dessert ball wrapped in a soft, fluffy dough and an ice cream filling. Available in Red Bean, Vanilla & Green Tea

Red Bean Mochi (2)	\$3.00
Vanilla Mochi (2)	\$3.00
Green Tea Mochi (2)	\$3.00
Coconut Mochi (2)	\$3.00
Coffee Mochi (2)	\$3.00
Chocolate Mochi (2)	\$3.00